

Bodyfest 2017 - Canada

Nude Olympics: 1:30PM to 3:30PM

Assemble at 1:15 to get your number

Events listed may change.

If you want to be in the "Olympics" please sign up at the Bodyfest kiosk! Your name needs to be on a list so that we can keep track of your accumulated points. There may be a limit to the number of competitors. You will be given a number - get that number painted on your upper arms (by the shoulder) before the contest. You do not have to participate in everything but you get 1 point for participating even if you do not win.

HOW TO PREPARE – 1. Find a partner or partners and rehearse or practice some of the contests listed – plan your bodypaint design. 2. Get and have handy 3 pieces of the following clothing: (a) pants, shorts or underpants (b) bra or shirt (c) hat or shawl. Put on sunscreen beforehand.

1st, 2nd and 3rd place winners are awarded special Mug Trophies

In each event points are awarded as follows:

1 point - every participant who does not win

3 points - 3rd place

5 points - 2nd place

7 points - 1st place

We will be looking for 3 volunteers to be the judges.

If there is a tie in an event or the overall competition, Nomad will decide what to do at his sole discretion. You do not have to do all the events, just the ones you want. But the more events you do, the more points you can collect. Some of these events are with groups of 2 or more people, with the groups competing with each other. Each person in a winning group gets the number of points awarded for that win.

1 Best Breath Balloon Burst

Each person will get an identical non-inflated balloon. The object is to fill it with air as fast as possible. Those who get their balloons to burst the quickest are the winners. No pricking allowed!

2 Balloon Juggle

Keep two balloons off the ground as long as possible.

3 Balloon Body Wedge

Two people hold a balloon by pressing it between their heads. Now without using hands they have to move the balloon as quickly as possible to hip level. If balloon falls out to the ground... disqualified!

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4 Balloon Body Pop

Two people have one balloon. Step one, blow up and tie the balloon. Wait until everyone is ready. The two people press the balloon between their bodies in any way and then keep pressing until the balloon pops. You CANNOT use your arms, eg by hugging. The trick is to blow up the balloon so much that it is easy to burst, but if it bursts prematurely... disqualified!

5 Blob Toss

Who can get the the rubber blob to land closest to the target rope about 50 feet away?

6 Frisbee Toss

Get the frisbee to land as close as possible to the target hoop About 50 feet away.

7 Happy Hip Hula Hoop

Who can keep their Hoop Hooping on their hips the longest? If there is a tie we can test with more difficult hooping.

8 The Clothes Free Race

In this race you will be taking off and putting on clothing while running. You run the length between the ropes 3 times back and forth. Each person starts wearing 3 pieces of clothing - 1 - pants, shorts or underpants - 2 bra or shirt - 3 hat or shawl. In this race each person runs the first length removing clothing as they go. You cross the line, turn around and run back gathering your clothes and putting them back on. You must be dressed before crossing back to the first line. Once you cross the start line, undress as fast as you can and run nude to the finish line.

9 The no-running nor walking race

In this race you will be taking off and putting on clothing while running. You run the length between the ropes 3 times back and forth. Each person starts wearing 3 pieces of clothing - 1 -

10 Body-Sculpture Contest

Contestants will be put into groups of 3 or 4 people. If you are with friends you can have your group pre-determined. You are given 5 minutes on your own to work out a creative arrangement of your bodies in a group as if you are a single sculpture. Make a pile, a tower, an entanglement - as long as you are connected into a single shape. And you can only have as many legs on the ground as there are people (eg 4 people, 4 legs or less support everyone). If the position is difficult to hold that is OK - a few seconds is OK. Each group will present their shape one after the other. Each of the members of a group are given the points designated to that group. So for this event there will be 3 people in first place, 3 in second place etc.

11 Bodypainting Competition

Two people per unit. One paints, the other gets painted. This year's theme is animal skins! You will have about 10 minutes, so don't get too complicated or detailed!